

# 10 Ways

# You Can Fight Trafficking

medical ambassadors  
INTERNATIONAL  
healing lives...transforming communities



## Know the Signs

Learn the [red flags](#), and recognize the [warning signs & risk factors](#) of trafficking. [Understand common myths](#) about trafficking with facts.



## Report a Tip

Contact the [U.S. Immigration and Customs Enforcement](#) or call 1-866-347-2423 if you have any concerns about a potential trafficking situation or submit a [TIP](#). Get help from the National Human Trafficking Hotline by calling 1-888-373-7888 or texting HELP or INFO to 233733 (BEFREE).



## Spread the Word

Share and display [QR code](#) and [Tess NS](#) awareness resources in your community. Let everyone know that the [Rescue & Restore Victims of Human Trafficking](#), [National Center for Missing & Exploited Children](#), [National Runaway Safeline](#) (800) 786 2929 is here to help.



## Think Before You Shop

Consider how you shop and eat. Who made your clothes? Who prepared your food? Know which labour. You can start by taking the [Slavery Footprint](#).



## Tell Your Friends: Demand Fuels Exploitation

The U.S. Government has zero-tolerance policies for employees, uniformed service members, and contractors paying for [sex](#).



## Volunteer Locally

Ask anti-trafficking organizations in your [community](#) how you can support them. They may need volunteers, or you could help with an awareness event. Look up local organizations [Love146](#), [Polaris Project](#), [Refuge for Women](#), or international organizations [Love Justice International](#), [The Exodus Road](#), [ICAP](#), [IJM](#), and [MAI](#).



## Stay Informed

Sign up for [OTIP's newsletter](#), and get informed at [Homeland Security](#), familiarize yourself with additional information [DHS.gov/BlueCampaign](#), the [DHS Center for Countering Human Trafficking](#), or available [support](#) for victims and survivors. Stay [cyber-safe](#) and take the opportunity to read [HT online books about HT](#) or [Public Safety Canada](#).



## Register for Training

The [basic awareness of human trafficking](#), [Salvation Army](#), [Polaris](#), [MACA](#), or [MCIS](#) provides tailored training to help professionals appropriately identify and address the needs of people impacted by human trafficking.



## Use Your Skills

Can you train or hire survivors? Reach out to [potential local partners](#). Do you work in a school? Propose [anti-trafficking protocols](#). Are you an attorney? Offer pro-bono services. Writing a story? Use [media best practices](#). Work in hospitals, clinics and cosmetology? You can take the courses [Cosmetology](#), [Education](#), [Law Enforcement](#), and [Health Care Providers](#).



## Raise Your Voice

Ask [representatives](#) how they are addressing human trafficking. Let them know what your community needs.