



Global Missions  
Health Conference

# GMHC 2020 Preparation Guide

A guide to help you prepare for the GMHC to get the absolute most out of this experience.

*Built in collaboration with and sponsored by the leading organizations in healthcare missions today!*



[www.medicalmissions.com/gmhc](http://www.medicalmissions.com/gmhc)



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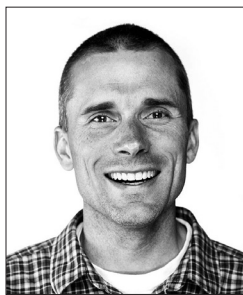
**GMHC Attendees:**

We are now just days away from the 25th Anniversary Global Missions Health Conference and we are so excited to see all the Lord has for you during these two days. It's always great to have a plan. That's what this Preparation Guidebook is designed to do...help you build a plan to get as much out of the GMHC as possible.

I recommend you print this guidebook and work through the pages that are designed to help you build a plan, while also preparing your heart to be in the right place. You're investing both time and money to be part of this year's event...why not make the most of it?

We look forward to seeing you in a few days at the Global Missions Health Conference!

Soli Deo Gloria!



Will Rogers, Executive Director  
[will@medicalmissions.com](mailto:will@medicalmissions.com)



# What's Inside

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- **My Goals** – mapping out personal goals for the GMHC
- **My Breakout Session Plan** – choose which sessions you want to attend
- **My Exhibitor Connection Plan** – map out which exhibitors you most want to connect with
- **Journal** – a guided Bible study and prayer guide for the week of the GMHC
- **10 Ways to Prepare** – a checklist of ways to prepare your heart and mind
- **Supplies to Purchase** – things you might want to have on hand before the GMHC
- **Technical Preparation** – a guide for logging into the event and finding your way around



# GMHC

## Four Core Promises

### PROMISE #1:

## EXPERIENCE OF RENEWAL AND BEING CHALLENGED

The GMHC offers a unique time of connection with other people that share a passion for healthcare missions. Our in-person event has always offered time for renewal and challenge, and our virtual event will do the same. You will walk away from this time together knowing you are not alone and ready to take the next step in missions.

Here's where you'll find this:

**WORSHIP** – Corporate worship together to give praise and glory to God for all that He has done and has yet to do.

**BIBLE STUDY** – Intentional time studying scripture passages together and exploring their application to our own lives.

**JOURNALING** – Time and guidance to journal before, during, and after the GMHC to help allow key lessons to sink deep into the heart.

**WATCH PARTIES & SIMULCAST** – Being in community together to experience the GMHC, so that we are encouraged, challenged, and doing this together.

### PROMISE #3:

## WORLD CLASS TEACHING AND BEST PRACTICES

The GMHC offers some of the best Biblically-based teachings on healthcare missions that you will find, regardless of whether we have an event in person or virtually. Our committee works diligently to look through every submission, develop a framework, and ensure that every relevant topic is covered. Most importantly, they pray for you and all the speakers throughout the year.

Here's where you'll find this:

**PLENARY SESSIONS** – World-class plenary sessions with teaching and worship designed to inspire and challenge you.

**BREAKOUT SESSIONS** – Industry-leading experts unpacking key lessons in clinical and preparation topics.

**POSTER PRESENTATIONS** – Learn from others who are researching and innovating for the future of missions.

### PROMISE #2:

## GUIDED CONNECTIONS WITH PERSONALIZED RESOURCES

The virtual event will allow us to uniquely match you with the sessions, organizations, and mentors that most fit your needs. Because you don't have to navigate a physical space, we can guide you directly to the most helpful resources.

Here's where you'll find this:

**PERSONALIZED CONNECTION REPORT** – Customized report matching you to exhibitors, breakout sessions, other attendees, and upcoming short-term trips.

**RECOMMENDED BREAKOUT SESSIONS** – Recommendations based on your professional field, geographical focus, and special interests.

**RECOMMENDED EXHIBITOR ORGANIZATIONS** – Pre-filtered exhibit hall helping to match you to the organizations with which you share the most common interests.

**RECOMMENDED ATTENDEE CONNECTIONS** – Connect with other attendees at the GMHC around your professional field, geographical focus, and special interests.

**STUDENT CONNECTION COACHING** – Speak with a coach to help you personally navigate a great next step in missions.

### PROMISE #4:

## EXPANDED VISION FOR GOD'S CALL IN YOUR LIFE

When you come to the GMHC, we expect that you will walk away changed. It is not just the speakers, not just the worship, and not just the immersion experience. It is the way God speaks to you throughout your time and that won't change with our virtual conference. We fully expect God to speak through every virtual experience you have during our time together.

Here's where you'll find this:

**RESOURCES** – Access key resources to help you process, learn, and commit to what God is stirring in your heart.

**PROCESSING** – Time to process and reflect outside the stir of life around the core things God is teaching you.

**PREPARATION** – Preparing you well for your next step and how to take that next step in missions.



# GMHC Vision

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The GMHC exists to see every Christian healthcare professional continually engaged in some form of healthcare mission work domestically or globally for the glory of God.



# My GMHC Goals

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**My Goals for the 2020 GMHC:**

- I want to intentionally pray through:

- I want to make certain to attend the following:

- I want to attend \_\_\_\_\_ breakout sessions.

- I want to connect with \_\_\_\_\_ exhibitors.

- I want to meet \_\_\_\_\_ other attendees.
-



# My Breakout Session Plan

The Global Missions Health Conference hosts over 150 breakout sessions, so obviously you have some work refining down the few that you can attend. Look through Elements or the online schedule to select the key sessions you want to attend during each breakout session time block.

Difficulty making a decision? Just remember that your GMHC registration gives you immediate access to all sessions following the GMHC. Try focusing on a session that most interests you and one that you would like to engage the speaker during the GMHC via live-chat.

TIME BLOCK Actual Date and Time	SESSION TO ATTEND

For the most up-to-date list of breakout sessions, please visit:  
[www.medicalmissions.com/events/gmhc-2020-25th-anniversary/sessions](http://www.medicalmissions.com/events/gmhc-2020-25th-anniversary/sessions)

Session Evaluations - make sure to share your session feedback with us:  
[www.medicalmissions.com/gmhc2020/evaluations](http://www.medicalmissions.com/gmhc2020/evaluations)



# My Exhibitor Connection Plan

GMHC exhibitors are here to help you navigate your next step in healthcare missions, and they've dedicated time these two days to connect with you and help guide you to whatever the Lord might have next. Look through the list of exhibitors and make a commitment to connect with at least five organizations.

EXHIBITOR NAME	WHAT I WANT TO ASK THEM	NOTES FROM CONNECTING
<i>Sample Organization</i>	<i>Do you have opportunities for Occupational Therapists? How much does it cost to go on a short-term trip with you? Do you offer both short-term and long-term opportunities?</i>	<i>Set a follow-up meeting after GMHC. Probably going to apply for a short-term trip. Still have questions about fundraising with them.</i>

For the most up-to-date list of exhibitors, please visit:  
[www.medicalmissions.com/events/gmhc-2020-25th-anniversary/exhibitors](http://www.medicalmissions.com/events/gmhc-2020-25th-anniversary/exhibitors)





# Ten Ways To Prepare

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- **Block Out the Time** – make this a priority and remove other things from your schedule
- **Pray Before** – be in prayer each day for what the Lord wants to teach you
- **Treat it as an Event** – even experienced virtually, this will still be an event that will challenge and encourage you
- **Attend with Friends** – join with friends and colleagues at a watch party to do this together
- **View it as Worship** – these days together are a means of worshipping our Creator
- **Be a Participant, Not an Observer** – join into the discussions, take notes, engage exhibitors, etc.
- **Set Goals for the Event** – set goals for yourself before the event starts
- **Rest Up** – get rest, you'll need it for the amazing content and connections
- **Study Elements** – take time to work through Elements to find the sessions and exhibitors you most want to learn from
- **Remember Why We're Here** – to figure out our next step in missions

*Let's Go All In!*



# Preparation Journal

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## **Monday: Mission**

Jesus knew His mission. He knew who He was and what He was sent to do. He even said He does nothing except that which His Father tells Him. And as His people, God's word tells us who we are and what we are sent to do. Through Jesus, we are His children, His Church. And He has called us all to live out the Kingdom of God in the places He has us. Are we living out our true identity in Christ, and are we living out the mission of the Church?

- **Read Philippians 2:1-11**
- **Read Luke 1:68-72**

*Write down any thoughts or prayers as God speaks to you at this time.*



# Preparation Journal

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## **Tuesday: Wilderness**

Jesus accepted the wilderness experience. The Spirit drove Jesus into the wilderness, a place where He was tested. And what felt miserable and lonely and barren ended up being a preparation period, and empowering period. Are you in a wilderness? Are you tired or lonely or being tested? Do we truly believe that God is with us in these seasons? Are we willing to let God do in us what only He can do?

- **Read Philippians 2:1-11**
- **Read Luke 4:1**
- **Read Luke 4:14**

*Write down any thoughts or prayers as God speaks to you at this time.*



# Preparation Journal

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## **Wednesday: Sacrifice**

Jesus is our perfect example of sacrifice. He lived sacrificially, and most of all, became a sacrifice to redeem us. God also calls us to take up our cross and follow Him. God calls us to die to ourselves. God calls us to humble ourselves. What sacrifices do we need to make? What sacrifices are we currently making? How might we die to ourselves in a way like never before?

- **Read Philippians 2:1-11**
- **Read Luke 22:41-42**

*Write down any thoughts or prayers as God speaks to you at this time.*



# Preparation Journal

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## **Thursday: Victory**

The grave could not hold Jesus! Death could not stop Him! There is no darkness, no fear, no sorrow, no unanswered questions that can overcome Jesus. Instead, Jesus overcomes darkness and fear and sorrow. We are forever set free because of the victory of Jesus. Are we living in this victory? Are we resting in this victory? Do we live believing that Jesus is our true victory?!

- **Read Philippians 2:1-11**
- **Read Luke 24:1-6**

*Write down any thoughts or prayers as God speaks to you at this time.*



# Supplies To Purchase

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## General Supplies

We're setting out for a 2-day journey of learning and connecting. It's like at the start of the school year when you have to run to Target for all the supplies needed to make learning a success. Here's our list of things you should have on hand.

- Notebook – some means to be able to take notes...a notebook, paper, or however you prefer to take notes. Just a reminder, your brain retains more when you physically take notes.
- Pens and pencils – have a few of your favorite writing utensils for taking notes.
- Elements Guidebook – keep this book as a resource, especially for your breakout session and exhibitor connection plans. NOTE: If you did not receive a printed copy of Elements – one can be found here: [www.medicalmissions.com/events/gmhc-2020-25th-anniversary/downloads](http://www.medicalmissions.com/events/gmhc-2020-25th-anniversary/downloads)
- Lots of water – staying hydrated keeps you alert and helps keep your brain engaged.
- Snacks – having snacks on hand is always good to keep you nourished.
- Coffee or tea – caffeine never hurts when keeping alert through big events like this!



# Supplies To Purchase

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## **Cooking Supplies**

Have you ever attended a conference that has cooking classes? Well, that's just one thing we're doing this year to keep things unique. This year a professional chef will be teaching us how to prepare some exciting meals. We've got recipes for four meals, but the cooking classes are for two dinner meals. This is a great thing to do with others if you're at a Watch Party, or to do alone to have a great meal. Here's what you need to know.

- Purchase Food – use the ingredients lists available at the link below for any (or all) of the meals you want to make during the GMHC.
- Preparing Food – note any preparation steps for the dinner meals so you're ready to go once class starts.

Find all the cooking information here:

[www.medicalmissions.com/gmhc2020/meals](http://www.medicalmissions.com/gmhc2020/meals)



# Technical Preparation

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Let's make sure you have a solid understanding of how things work with the virtual event for logging in, finding sessions, connecting with exhibitors, using live-chat, connecting with other attendees, and more.

## Key Support Links and Numbers

- Main Event Support:  
[www.medicalmissions.com/GMHC2020/event-support](http://www.medicalmissions.com/GMHC2020/event-support)
- Forgot Password:  
[www.medicalmissions.com/account/forgotpassword](http://www.medicalmissions.com/account/forgotpassword)
- Phone Support:  
502-253-8069

## Help Articles Online

- For Attendees
  - [Logging In](#)
  - [Accessing Event](#)
  - [Accessing Breakout Sessions](#)
  - [Exploring Exhibit Hall](#)
  - [Meeting Other Attendees](#)
  - [Live-Chat](#)
  - [Assigning Tickets](#)
- For Speakers
  - [Managing Live-Chat](#)
  - [Adding Additional Session Resources](#)
- For Exhibitors
  - [Updating Profile](#)
  - [Event Live-Chat](#)
  - [Accessing Leads](#)





# Technical Preparation

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## FAQ

- **How Do I Access The Virtual Event Site?**
  - The GMHC virtual 2020 is all hosted at MedicalMissions.com. You will need to log into your MedicalMissions.com account to access the event. The site will validate your event registration when you check in.
- **What If I've Forgotten My Password?**
  - Use the MedicalMissions.com password reset tool to reset your password. NOTE: your username is most often not your email address.
- **Can I Log Into More Than One Device?**
  - Yes, you can be simultaneously logged into up to 3 devices, so you can easily switch between attending on your phone to your tablet to your laptop. Just a note...your login should only be used for you personally and not given to others.
- **What If Someone Purchased A Ticket For Me?**
  - That person should have added you to their list of assigned tickets. That person will need to send you an invite from their registration to assign a ticket to you in order for you to access the event.



Global Missions  
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Register now for the  
2021 Global Missions  
Health Conference  
November 11-13.

[www.medicalmissions.com/events/gmhc-2021](http://www.medicalmissions.com/events/gmhc-2021)