

# Best Nursing Practices for Faith Integration

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Rebecca Meyer PhD, MSNed, BSN, RN



# Purpose of the Session

- Explore ways to integrate the Lord's call to love and humbly serve others.
- God created people to glorify Him, so believers are to present their bodies as a living sacrifice and life of worship (Rom. 12:1).
- Jesus came to serve others as He touched the untouchable and marginalized.
- Nurses, and other members of the healthcare team, can use their gifts and talents they have been given, as well as their training, to come alongside the vulnerable, hurting, suffering, and broken in the same way Jesus did.



# Session's Learning Objectives



- Recognize ways to provide evidence-based care in a God-honoring, loving, compassionate, and caring way for those who are vulnerable.
- Discuss servant leader qualities of integrity, honesty, humility, listening, empathy, commitment, capacity building, compassion, and excellence.

# Why Did You Go Into Healthcare?



- Did you feel called?
- You like to help others?
- You can work anywhere?
- Care for the vulnerable?
- Something else?



# Caring

- Feed the hungry, not only with food but with love and kindness.
- Give a drink to the thirsty, not only with water, but with peace, truth, justice and love.
- Clothe the naked, not only with clothing, but with human dignity.
- Give shelter to the homeless, not only with a building, but a heart, that covers, that loves.
- Care for not only the body of the sick and dying, but the mind and spirit as well.

# Caring and Listening

- Stories are a basic component of the human experience used around the world.
- “If you listen to me properly, I feel good”
- Listening to the factors that influence choices help guide caring patient care.
- When we don’t listen to a patient’s story, we miss important details.
- Patient outcomes improve when they feel cared for and valued.
- Patient satisfaction scores improve when they feel we have listened.



# Vulnerable Populations

- Ethnic minorities
- Immigrants
- Homeless
- Poor
- Children
- Women
- Elderly
- Teen Moms
- Chronically Ill
- Disabled
- Mentally Ill
- Substance Abusers
- College Students





# Professional Values

- Respect the worth of each person
- Advocate for patients
- Promote equitable and fair access
- Be accountable for actions
- Protect the health of community
- Demonstrate integrity



# What are Biblical Values?



# Each Person is Worthy of Honor and Respect



# How Do We Show Human Dignity in the Midst of Chaos and/or Conflict?



# What Happens When the Job Gets Too Hard?



# THE ART OF CARING

- Signs of compassion fatigue can be subtle.
- Step 1 - Acknowledge what you are feeling.
- Step 2 - Recognize you are at risk for becoming fatigued.
- Step 3 - Turn outward toward self and others.



# CARING

Love is part of caring.

There are things in life out of our control

People have inherent dignity and worth.

Emphasis is on providing comfort in suffering.

Faith and prayer are important.

Caring for everyone is expected.



# Be a Light to Those Around You



- Define professional and personal boundaries
- Promote teamwork and collaboration
- Use effective communication
- Encourage excellence
- Improve work environments

# Wholeness of Character

- The healthcare worker embraces the values of the profession and integrates them within personal values.
- We all have a duty to openness and respect for the values of others.
- We must preserve integrity and pursue excellence.







# Servant Leadership

The servant healing ministry of Jesus started with His Incarnation, was manifest in His life, death and resurrection.

He set the example and ongoing presence for the church now and until His return.



# Faith Community Nursing

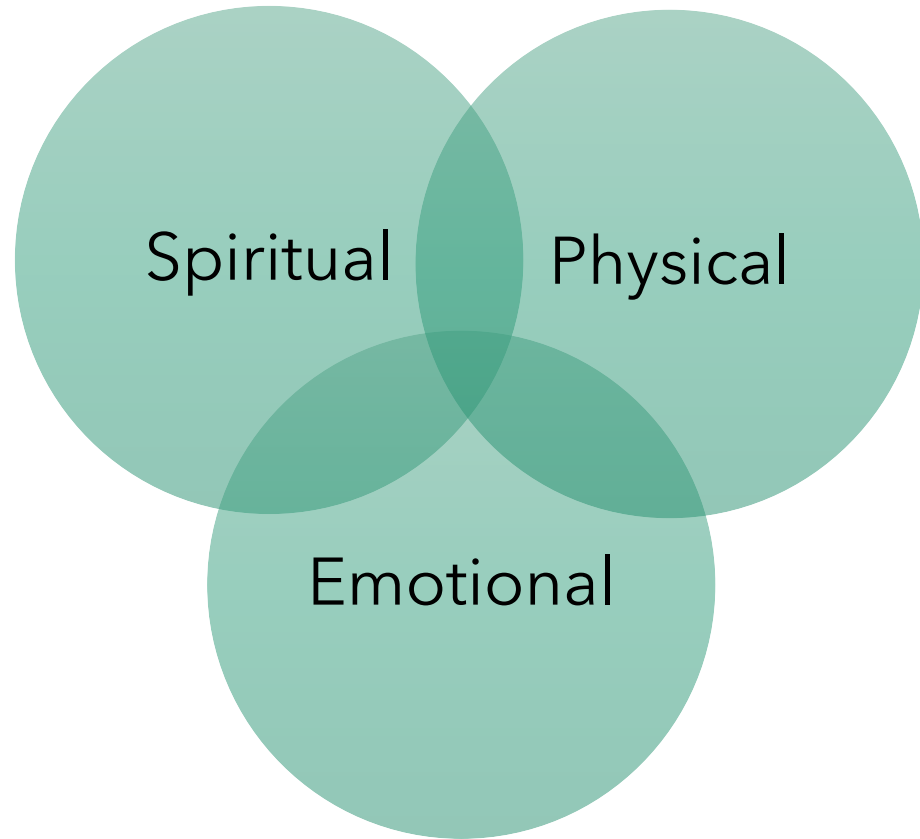
- Integrating faith with nursing practice.
- God's plan for health and wellness is different than the medical model.
- Health from a biblical perspective relates to wholeness in mind, body, and spirit.
- To be able to help people wholistically, we need to understand God's plan, where sin and suffering fit in, and recognize the work and ministry of Jesus.

# Shalom



- “*Shalom* means just relationships and enjoyable relationships.
- *Shalom* means belonging to an authentic and nurturing community in which one can be one’s true self and give oneself away without becoming poor.
- Justice and enjoyment of God, self, others, and nature; this is the *shalom* that Jesus brings, the peace that passes all understanding.”

# HEALTH, WHOLENESS, WELLNESS, AND *SHALOM*



“Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity” (WHO, 2021, para 1).

# *Shalom* - Supporting Rest, Peace, and Contentment In The Midst of Uncertainty

- Peace - tranquility, quiet
- Prosperity - success, thriving
- Rest - silence, no anxiety
- Safety - no injury, hurt, or loss
- Security - free from danger or fear
- Justice - fair, truth, fact
- Happiness - contentment, pleasure
- Health - sound in mind, body, spirit
- Welfare - doing well
- Wholeness - complete



**Love Your  
Neighbor  
as  
Yourself:  
Luke  
10:30-37**



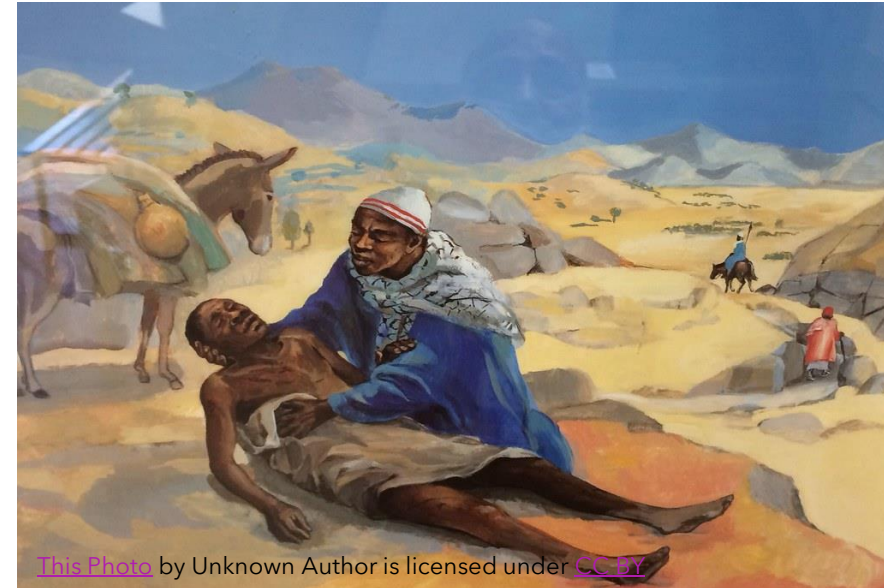
- Jesus said: "A man was going down from Jerusalem to Jericho, when he fell into the hands of robbers. They stripped him of his clothes, beat him and went away, leaving him half dead.
- A priest happened to be going down the same road, and when he saw the man, he passed by on the other side.
- So too, a Levite, when he came to the place and saw him, passed by on the other side.
- But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him.

He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, took him to an inn and took care of him.

The next day he took out two silver coins and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.'

"Which of these three do you think was a neighbor to the man who fell into the hands of robbers?"

The expert in the law replied, "The one who had mercy on him." Jesus told him, "Go and do likewise."



# Go And Do Likewise

- When a lawyer asked Jesus, “Who is my neighbor?” Jesus answers with the Good Samaritan parable, a story of caring, compassion, mercy, hospitality, and love.
- He then tells the lawyer “Go and do likewise.” He wants us to be caught up in His work going on all around us.





# What Are Your Passions?



- Disease Prevention
- Poverty and Vulnerable Populations
- Women and Children
- Human Trafficking
- Social Justice
- Disaster Response

# How Do You Integrate Your Faith?



- Prayer
- Read the Word
- Serve
- Look for opportunities

# We are Part of a Bigger Picture - a Mosaic

- Ephesians 2:10. *For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.*
- Our lives are like a beautiful, "unique puzzle piece" (Hickman, 2008, p.23).
- The word for workmanship can also be translated God's work of art; we are part of the masterpiece mosaic of God.
- We are traveling in this mosaic on a journey, we were created for the journey, to use our talents, skills, abilities, and resources - it is how we fit.



# Caring and Alleviating Suffering

(Meyer, 2011)



- Comfort
- Making Memories
- Being There
- Progression of Caring
- Spiritual Health
- Laughter Through Tears
- Professionalism
- Lasting Impact



# Acts 1:8

- *"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."*
- What/where is your mission field, your Jerusalem?
- Your Judea?
- The ends of the earth?
- We are to be His witness in all of these places.



# Sacrifice - Count the Cost

Caring for others is serious business. The Lord doesn't call us to be comfortable. He calls us to trust Him so completely that we are unafraid of whatever comes.

(Chan, 2008).

# Micah 6:8



He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly, to love mercy, and to walk humbly with your God.

# What Questions Do You Have?

**Serving the poor "...shatters our indifference to God and humanity, critiques our privilege, and disturbs our comfort" (Poplin, 2008, p. 13).**







**Rebecca  
Meyer**

[rmeyer@calbaptist.edu](mailto:rmeyer@calbaptist.edu)

**Thank you**





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