**Global Mental Health Resources**

*Last updated November 2019*

**Books:**

* Where There is No Psychiatrist: A Mental Health Care Manual, 2nd edition – book by Vikram Patel & Charlotte Hanlon
  + “For community health workers, primary care nurses, social workers and primary care doctors”
* Where There is No Child Psychiatrist: A Mental Health Care Manual
* Global Mental Health: Principles and Practice

**Websites:**

* W.H.O.’s mhGAP resources ***(free downloads)*** <https://www.who.int/mental_health/mhgap/en/>
  + mhGAP Intervention Guide (mhGAP-IG) 2.0 for mental, neurological and substance use (MNS) disorders in non-specialist health settings
    - 2016. For use by doctors, nurses, other health workers as well as health planners and managers.
    - English, French, Marathi, Russian, Spanish. Also free app (apple, android)
  + mhGAP-IG 1.0
    - 2010. English, French, Arabic, Spanish, Portuguese, Persian, Japanese. Videos (Role play) available on YouTube (through I.M.G.) – Arabic with English & French subtitles.
  + mhGAP-HIG (Humanitarian Intervention Guide): Clinical Management of MNS disorders in humanitarian emergencies
  + mhGAP module Assessment Management of Conditions Specifically Related to Stress. 2010
  + Problem Management Plus https://www.who.int/mental\_health/emergencies/problem\_management\_plus/en/
    - Individual psychological help for adults impaired by disstress in communities exposed to adversity
    - Arabic, traditional Chinese, English, French, Japanese, Kenyan (Kishwahili/English), Korean, Koream, Kurdish/Badini, Russian, Spanish, Tigrinya, Ukrainian, Urdu
* W.H.O. Mental Health Home Page <https://www.who.int/mental_health/en/>
* MHIN (Mental Health Innovation Network) <https://www.mhinnovation.net/>
  + Large resource section. Sign up for e-newsletters, post questions on message boards, etc.
* MHPSS (Mental Health and Psychosocial Support Network) <https://mhpss.net/>
* MGMH (Movement for Global Mental Health): <http://globalmentalhealth.org/>
  + Virtual network
* The Lancet (free with registration)
  + Global Mental Health 2007 Series <https://www.thelancet.com/series/global-mental-health>
  + Lancet Global Mental Health 2011 Series <https://www.thelancet.com/series/global-mental-health-2011>
  + Etc.
* Johns Hopkins School of Public Health – GMH Resources <https://www.jhsph.edu/research/centers-and-institutes/global-mental-health/resource-materials/global-resources/index.html>
* MGH Harvard Medical School Division of Global Psychiatry <http://www.mghglobalpsychiatry.org/mission.php>