

Turn up the Heat Live

*Igniting Passion and Joy
through every wild stage of Menopause*

February 28, 2026 | 10am-12pm
7625 Metro Blvd, Suite 120, Edina MN



Join me for a joy-soaked workshop
where we ignite passion and turn
everyday moments into fuel.

*Ignite-Your-Spot pricing until January 31!
Limited space-
Act fast, your hormones won't!*

Hosted by Kristin Fisher — CEO, minister, menopause hype-woman,
and professional fire-starter (the good kind).



Kristin is a wife, mom of four grown humans, and a very proud grandmother to one irresistibly adorable granddaughter. With degrees in Psychology and Spanish and years of experience serving alongside her husband in both business and non-profit spaces, she brings heart, humor, and hard-won wisdom to every room she enters. Kristin's mission is simple: help couples thrive through life's plot twists and guide women through every stage of menopause with laughter, liberation, and a whole lot of "you've still got it."



Keep Passion!

Release Joy!

Always Commune with God!



With Special guest:
Dr. Bethany Hansen
Pelvic Floor Therapist and
Doctor of Physical Therapy