

'Healthy China 2030' Plan (2)

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"HEALTHY CHINA 2030" PLAN (2)

Strengthen
health education



Improve public
health literacy

Advance health
education at school



Develop good habits

Develop good habits for a healthy life



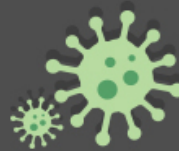
Encourage a
balanced diet



Promote
anti-smoking and
control of alcohol



Advance
mental health



Reduce unsafe
sex and harm
from drugs

Elevate the physical fitness of the public

Improve the
public health
service system

Conduct extensive
mass fitness
programs

Promote physical
exercise for specific
groups of people

Strengthen the
integration of physical
exercise and health care,
and non-medical health
intervention



Strengthen the public health service to cover all people

Promote equal access to the basic public health service

Prevent and treat serious diseases

Improve the service and management of the family planning policy



Provide good-quality and efficient medical service

Improve the level and quality of medical service

Improve the

Innovate the supply pattern for the

medical and health
service system



pattern for the
medical and health
service

Make full use of the unique advantages of traditional Chinese medicine

Improve the service
level of traditional
Chinese medicine

Promote the use of
traditional Chinese
medicine in preventing
diseases

Support
apprenticeships and
innovation for
traditional Chinese
medicine



Strengthen the health service for specific groups of people

Protect the
health of
the disabled

Promote
healthy aging

Improve the health
conditions of women

the disabled

conditions of women
and children



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