

PRESCHOOL



HEAVENLY HARVEST

LESSON PLAN



Pre-School Lesson Plan: Heavenly Harvest

A resource in the 2026 EBO Curriculum series

Theme: Fill the Gap

Theme Scripture: Ephesians 4:15-16

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Special Thanks

Kentucky Baptist churches, ministry partners, volunteers, and featured ministries who contributed stories, photographs, and ministry insight to this resource.

Scripture Quotations

Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®) unless otherwise indicated.

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LEADER HELPS & RESOURCES

The following is meant to provide background for you as you prepare to lead the lesson. To prepare your heart to teach, make sure to Read the Leader Devotion Page beforehand.

Key Scripture(s): Ephesians 4:15-16

Biblical Background

When Paul wrote the letter to the Ephesians, he was likely a prisoner in Rome, writing to a city that was a massive melting pot of cultures, religions, and social classes. Ephesus was home to the Temple of Artemis, one of the seven wonders of the ancient world, and the culture was steeped in individualism and idol worship. For the early Christians there, the idea of "unity" was revolutionary. They were coming from backgrounds where people were divided by ethnicity, status, and gender.

Scripture Insights & Teaching Anchors

Paul explains that God provides specific spiritual gifts not for personal status, but to "equip" every believer for a shared mission. He uses the metaphor of a human body to show that spiritual maturity is a collective effort: the body only functions when it remains connected to its "Head," Jesus, and when every "joint" and "ligament" fulfills its specific role. We have a radical call as believers to "fill the gaps" for one another, and if even one part of the body remains inactive or disconnected, the church is hindered.

About the Eliza Broadus Offering for State Missions

The Eliza Broadus Offering (EBO) helps Kentucky Baptists reach people with the gospel and meet needs across the state. Through EBO, churches and ministries are supported in work. Since 1913, this offering, sponsored by Kentucky WMU in partnership with the Kentucky Baptist Convention, has supported churches and ministries like church planting, disaster relief, student ministry, and evangelism. Your prayers and gifts help share the gospel and meet critical needs throughout Kentucky. For more information, visit Elizabroadus.org.

Practical Note:

The ministry of Heavenly Harvest often serves families facing extreme poverty and food insecurity. Be mindful that students in your own group may be experiencing the same "gaps", such as not having adequate clothing or stable food sources. If a student discloses personal trauma related to poverty or neglect, follow your church's confidentiality and mandated reporting policies immediately. Ensure you have resources ready for local assistance if a student expresses an immediate need. If necessary, you may use the following script:

Thank you for trusting us. Let's pause and step to a quiet place so we can sit with you and make sure you have the time, care, and support you need."

GO DEEPER

Have more time for prep or want to know more? You can use these passages for personal study before teaching. For best results, try to choose at least 1-2 from each theme.

1. SPEAKING TRUTH IN LOVE (V. 15)

- **1 John 3:18:** Encourages believers to "love not in word and speech, but in action and truth".
- **2 Corinthians 4:2:** Discusses commending themselves by "the open statement of the truth" rather than deceit.
- **Zechariah 8:16:** Commands, "Speak the truth to one another, and render true and sound judgments in your courts".

2. GROWTH THROUGH CONNECTEDNESS (V. 16)

- **1 Corinthians 12:12-27:** Provides the analogy of the church as one body with many parts, where every part is necessary.
- **Romans 12:4-5:** Emphasizes that "we, though many, form one body in Christ, and each member belongs to all the others".
- **Colossians 2:19:** Mentions the church growing as it is "knit together by its joints and ligaments".

3. BUILDING UP IN LOVE (V. 16)

- **1 Corinthians 14:12:** Encourages trying to "excel in gifts that build up the church".
- **Galatians 5:13:** Instructs believers to "serve one another humbly in love".
- **1 Corinthians 13:** The entire chapter highlights that all spiritual gifts and actions are worthless without love.

4. THE CALL TO ACTION

- **Galatians 6:2** - Bearing one another's burdens as a way to fulfill the law of Christ.
- **Matthew 25:34-40** - Jesus identifies Himself with the "gap" in the lives of the hungry, thirsty, and naked.
- **Acts 4:32-35** - A picture of the early church where "there was not a needy person among them" because the community filled every gap.

LEADER DEVOTION

Read: Ephesians 4:15-16

“Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.” (NIV)

Ephesians is a letter written to encourage the church at Ephesus as they develop into mature believers. In Chapter 4, Paul explores how the church functions as a picture of Christ here on earth. By using the image of the body, Paul teaches that each part has separate functions, but are all necessary. While Christ remains the life-giving Head, the body’s growth is dependent upon the connections. When we don’t participate and remain disconnected, we prevent the whole body from building itself up. While you don’t have to be the best or most talented, you do need to be willing to be equipped and ready to perform the task God has assigned you in love.

Paul reminds us that love, not duty or studiousness, should underscore our growth. Love drives our obedience, our desire to know God better, and our evangelism. It helps us see other believers as essential workers in God’s redemption story. Love helps us support “difficult” or “quiet” children in our classes. If you look around your class, there are children who feel like alone; like broken missing pieces, often overlooked and set apart from the whole. Paul’s message here can bring hope to these children, as spiritual maturity was always meant to be a team activity. Because God has equipped each of us differently with various giftings, talents, and passions, working together is the only way we might reflect the wholeness of Christ.

Reflect:

Am I trying to function on my own? Am I trying to fill any “gaps” in my life with anything other than God’s grace? How am I modeling unity and using my own giftings in the church to my class?

Meditate:

(Scripture-focused only – we fill our minds with God’s Word, not empty them.)

- Love – When you share the truth of the gospel, do your words and tone match? Do your actions reflect Christlikeness?
- Connection – Am I fulfilling the role God has set before me with excellence and love? If I truly believe that the body cannot grow “in every way” unless every part is working, how does that change the way I see and relate to the “challenging” students in my class? Which students in my class are struggling to see their role in the church? How can I support them?
- Spiritual Growth – Have you ever used your leadership performance as a way to fill a void, rather than allowing Christ to guide you? How does he work in and through you in church? At home? At work?

Pray:

“Lord, help me to keep you at the center of my life, guiding my actions and desires, allowing me to complete the work you have been set before me in love. Reveal to me where I am weak, so that I may submit it to you and allow you to shine brightest.”

2025 ELIZA BROADUS OFFERING FOR STATE MISSIONS

PRESCHOOL MISSION STUDY

SESSION GOALS

During the focus on Kentucky missions and the Eliza Broadus Offering, preschoolers will focus on the ministry of Heavenly Harvest and owner, Barbara Ray. Barbara began with a vision to ensure year-round access to nutritious produce for families struggling with food insecurity. Along with foods to strengthen the physical body, the love of God is shared.

Enlist Helpers

Tag team your gathering. Enlist individuals to lead the Missions Learning and Prayer Time. This will engage more people to use their creativity to make your gathering unique and exciting.

Plan Your Gathering

- *Get Started (20 minutes) - Use Interest Areas*
- *Missions & Bible Learning (10-15 minutes) - Use the Missions Moment combined with the Bible story from Matthew 14 to link Jesus with the work of Ms. Barbara Ray. Highlight the role of the Eliza Broadus Offering in feeding people.*
- *Faith in Action (10-15 minutes) - As you make your craft, include prayer for missionaries with birthdays in “Prayer Patterns” in Missions Mosaic, KBC’s InterSeed Calendar, and the KBC’s Church Planter of the Week. Use the EBO Week of Prayer Kids Prayer guide and activity sheet and incorporate creative ways to engage your group in prayer.*
 - *Missionary birthday calendar can be found at wmu.com/prayer*
- *Dismiss*

SESSION PLANS

Teaching Insight

- It would be best if a teacher could lead at each area.
 - If you only have 2 teachers, then each teacher can move from area to area engaging children.
- Another option is to move as a group to each area. Choose what is best for your situation.
- With each of the chosen learning activities below, remind preschooler that God created the vegetables and fruits (Genesis 1:11-13). God gave us good foods to eat.

GET STARTED

Interest Areas (20 Minutes)

Choose 2 to 3 activities from different areas (puzzles, nature, art, homeliving) for your lesson time. These can be set up as Interest Areas and preschoolers can rotate around to each if you have helper for each area or the class can do each chosen activity as a group. Activities for ages under 3 years old are noted by **.

Puzzle Area

- **Seed Matching**
 - Gather seeds of vegetables and or fruits and pictures of each vegetable/fruit.
 - Examples: pumpkin or squash, watermelon, carrot, tomato, green bean, avocado, lettuce or spinach, apple, peach, grape.
 - Display each seed type individually either by securing to a cardstock square, small paper plate, or in a small snack size ziplock bag. Also place a picture of the fruit/vegetable in the same manner as the seed.
 - Encourage children to match the seed(s) with the picture of what that seed would produce.
- **Color Matching**
 - Gather fresh fruits and vegetables in various colors and matching colored construction paper.
 - Encourage preschoolers to match the fruits and vegetables to the matching-colored paper. Example: Apple to red, yellow, or green construction paper depending on the apple type.
 - Suggested fruits and vegetables are apples, bananas, cucumbers, oranges or tangerines, carrots, lettuce, blueberries, strawberries, kiwi, broccoli. Consider gathering more than 1 of those which grow in various colors such as bell peppers and apples.

SESSION PLANS

Activity Note

Activities for children under 3 years are noted by **

Needed Resources

- fresh fruits and vegetables
- plant/seeds
- soil
- plant contained
- paint
- white construction paper
- baby wipes/tub with water

Nature Area

- ****Taste Testing** - (this activity can serve as a snack time) - (note any Allergy Alerts)
 - Gather fresh fruits and vegetables such as those listed above.
 - Encourage preschoolers to help with washing each vegetable or fruit, then try each fruit or vegetable. (note any Allergy Alerts)
- ****Grow It**
 - Encourage gardening by planting flowers or vegetables with each preschooler.
 - Choose what is best for your group and gather either plants or seeds, soil, and a container for each preschooler.
 - Examples: packet of lettuce seeds, tomato plant, or a flowering plant.

Homeliving Activity - Shopping for Food

- Set up a vegetable stand with play vegetables and fruits.
- Provide little baskets for preschoolers to use as they shop for what their family need to provide a meal.
- Choose a preschooler to be the shop/stand owner and preschoolers who will shop. Be sure to let each preschooler be the owner if they wish.

Art Activities

- **Handprint Flowers Painting**
 - Allow preschoolers to choose 2 colors for their handprints, paint their hands and place their hand on white construction paper (one handprint at a time) to make the flower handprint.
 - Use baby wipes to clean hands or a tub with water if a sink is not available in your teaching room.
 - Add a green line for the stem and 2 leaves shapes on the stem.

SESSION PLANS

Resources

- Map of Kentucky counties

Book Recommendation

- One Little Child
- What Does It Mean to Be Poor? by Joye Smith

MISSIONS & BIBLE LEARNING

Heavenly Harvest 10-15 Minutes

- Say: Barbara Ray loves Jesus and lives to share Jesus' love with families in southwestern Kentucky. Kentucky missionary, Barbara saw a need around the counties where she lives.
 - Use a map of Kentucky to show where Barbara lives and the surrounding counties; Marshall (where Barbara lives), Calloway, and McCracken counties.
- Ask the preschoolers if they remember a time in the Bible where Jesus fed the people.
- Turn in your Bible to the story of the feeding of the 5,000 - Matthew 14:13-21.
 - Briefly tell the story or ask questions so the preschoolers will tell the story.
- Like Jesus, missionary Barbara saw the need to feed people and she loves to grow fresh fruits and vegetables. So, she began Heavenly Harvest that provides fresh vegetables to soup kitchens, church food pantries, homeless veterans, and struggling families She also provides flowers. Everyone loves pretty flowers.
- Heavenly Harvest also provides coats with a Bible in the pocket. She wants people to know that Jesus loves them.
- Ask: How can we be like missionary Barbara and like Jesus? Do you know a way that our church helps people who have a need for food or clothing?
- Talk with your preschoolers about how your church helps in your neighborhood.
- Remind your preschoolers that giving to the Eliza Broadus offering supports ministries all over Kentucky.

SESSION PLANS

Needed Resources

- Veggie template
- Paper plate
- Blue and brown paint
- Brown yarn
- Cardstock paper: green, orange, red and beige
- Paintbrush
- Plastic yarn needle
- Hole punch
- Scissors
- Glue
- Tape

FAITH IN ACTION

Paper Plate Veggie Garden Craft 10-15 Minutes

Adapted from nontoygifts.com/paper-plate-veggie-garden-craft-kids/

- Start by painting half of the paper plate blue. Wait for paint to dry and paint the other half brown.
- Use a hole punch to make holes along the half paper plate rim that is painted brown.
- Cut a strand of brown yarn, thread it through a plastic yarn needle and tie one end to the needle. Tape the other end of the yarn at the back of the paper plate.
- You can now start threading the yarn through the holes in the paper plate. You can go through the holes one or several times.
- Keep on threading until you reach the end of your yarn. Secure the end of the yarn to the back of the paper plate with tape.
- Using the veggie template, cut out the patterns and trace them on corresponding colored paper.
- All the leaves need to be cut out of green paper. Feel free to use one or more green shades.
- The carrot is made from orange paper, the beet from red and the onion from beige paper.
- Glue the leaves to the back of the veggies.
- Now you can plant the veggies in the dirt and harvest them.



FAMILIES ON MISSION

*Adapted from 2026 Families on Mission
EBO Family Discipleship Guide*

Needed Resources

- 8.5 x11 Week of Prayer Kids: 2026 Prayer & Activity Guide (In Resources & online)
- Crayons, pencils
- Parent/ Guardian Letter

Preparation

1. Print the week of prayer Kids prayer guide front and back, 1 per child
2. Optional: Print and cut apart the parent/ guardian letter from supplemental resources.

Needed Resources

- 8.5 x11 Kintsugi Unity Vessel (In Resources & online)

Preparation

1. Print the Kintsugi Unity vessel front and back, 1 per child

WEEK OF PRAYER KIDS

Description:

Children will use the “EBO Week of Prayer, Kids” Prayer and activity guide to pray for Kentucky missions each day of the week with their parents, grandparents, or guardians.

Activity:

- Show the prayer guide to the children. Explain that they will pray each day for one of the requests and check the box.
- **Say:** Your Parents also have a prayer guide (hold up brochure prayer guide), but this one is just for you!
- Lead kids to find Ephesians 4:15-16 (EBO 2026/27 Theme Verse) in their Bibles. **Say:** We are going to fill in part of the verse and write it on the back of our prayer guide! So make sure to follow along and copy this onto the space provided!
- **Read verse aloud.**
- Lead kids to complete the activities on the back of the worksheet as time allows.
- Send a note to parents asking them to pray with their child for the featured missionary each day using “EBO Week of Prayer, Kids.” (Sample Note found in resources)

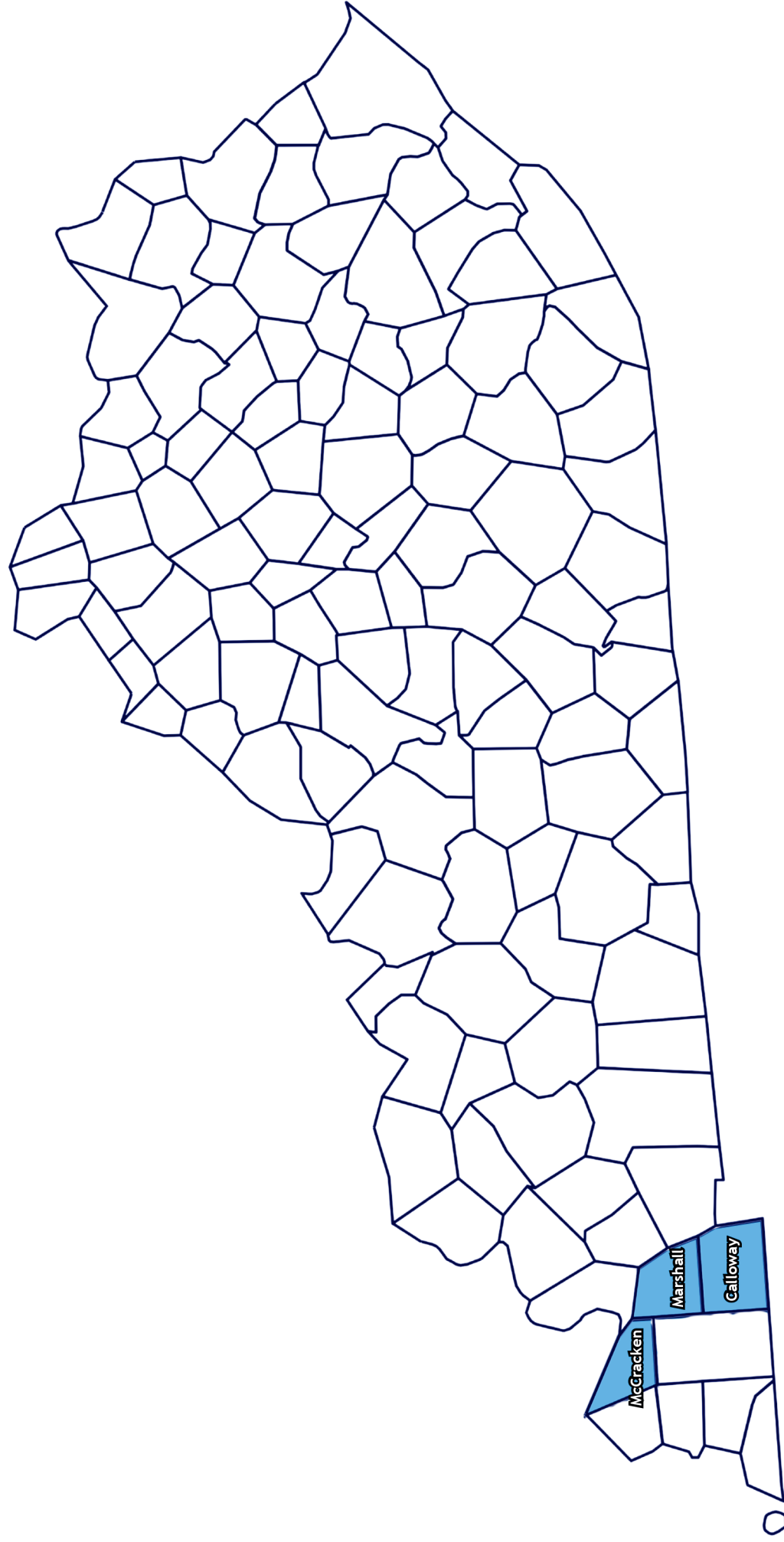
KINTSUGI UNITY VESSEL

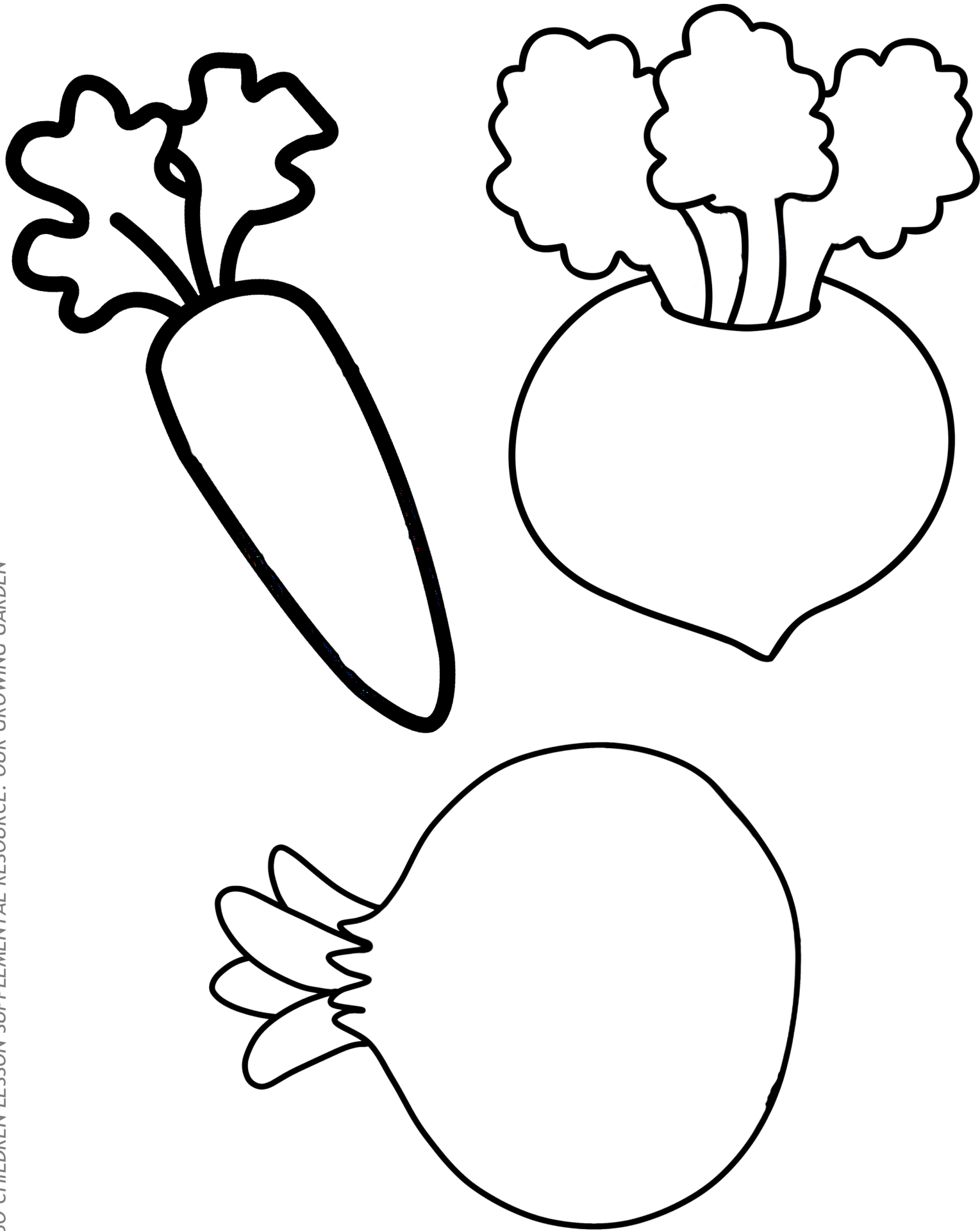
Description:

Families can use the “My Kintsugi Unity Vessel” activity to discuss what they’ve learned together.

Activity:

- Show the activity sheet to the children. Explain that though in the picture, the pot has been broken, but now they’re going to put it back together beautifully with their family!
- Encourage kids to bring back their unity vessels the next week so you can decorate your classroom!
- Send a note to parents/guardians asking them to complete the activity as a family. (Sample Note found in resources)





Dear Parents/Guardians,

Today your child took home an “**EBO Week of Prayer, Kids**” prayer and activity guide as part of our Week of Prayer lesson. We’d love for you to join your child in praying for Kentucky missionaries each day this week.

How you can help (super simple):

- Read the short prayer request on the child’s guide with your child.
- Pray together for that day’s featured missionary — just a sentence or two is perfect.
- Let your child check the box after you pray together.

Families on Mission Activity: My Kintsugi Unity Vessel

Your child is also bringing home a special family activity sheet called My Kintsugi Unity Vessel. This simple hands-on project includes instructions and discussion questions designed to help your family talk about how God brings His people together to grow and serve Him.

As you complete the activity together, use the discussion questions to connect the craft to your family’s faith and mission. The activity highlights an important truth from Ephesians 4: each person has a unique role, and God joins us together through His love to build up His church.

Please send the completed Kintsugi Unity Vessel back with your child next week. We will use them to create a special classroom display celebrating how God works through all of us together.

Tips:

- Make it part of your usual routine — morning, mealtime, or bedtime all work great.
- Ask your child what they learned about the missionary that day — it helps reinforce mission-minded thinking!
- Let your child take the lead in answering the discussion questions and sharing ideas during the Kintsugi activity.

Thank you for helping raise missional kids and for praying with your family. If you have any questions or need an adult copy of the EBO prayer guide, please let me know.

On mission together,

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Thank you for helping raise missional kids and for praying with your family. If you have any questions or need an adult copy of the EBO prayer guide, please let me know.

On mission together,

2026 WEEK OF PRAYER: MISSION KY KIDS

Eliza Broadus Offering for Kentucky Missions®



The Week of Prayer for the Eliza Broadus Offering is a great time to pray as a family for people in Kentucky who are telling others about Jesus! For 8 days you can pray for different people and groups that the Eliza Broadus Offering helps to fund.



TIME TO
PRAY



Check the box each day after you pray for that request

DAY 01 PRAYING FOR HELP

- ☐ Pray that God helps **Heavenly Harvest** in **Benton** stay strong, brings more people to help give food and clothes to those in need, and helps others see Jesus.

DAY 02 PRAYING FOR HOPE

- ☐ Pray that new families will learn about Jesus and feel God's love through **Pathway of Hope** in **Greenville**.

DAY 03 PRAYING FOR STRENGTH

- ☐ Pray that God helps **Hope House Ministries** in **Bowling Green** stay strong, have what they need, and welcome more people in need in their community.

DAY 04 PRAYING FOR MISSIONAL FAMILIES

- ☐ Pray for more families from **Parkland Baptist Church** in **Louisville** to help, that churches in eastern KY will work with them, and that everyone travels safely.

DAY 05 PRAYING FOR CHURCH PLANTING

- ☐ Pray that the **Arabic Baptist Church of Northern KY** in **Florence** would help those with Arabic as their heart language learn more about Jesus

DAY 06 PRAYING FOR SALVATION

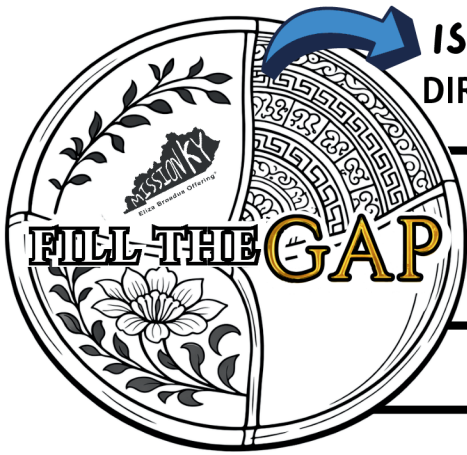
- ☐ Please pray that God helps the **Central KY Network of Baptists** connect pastors, with other churches, missionaries, and ministries so more people can know Him.

DAY 07 PRAYING FOR COLLEGE STUDENTS

- ☐ Pray that God helps young adults at **Somerset Community College** know Jesus, grow in their faith, and have the leaders and support they need to share His love.

DAY 08 PRAYING FOR COMMUNITIES

- ☐ Pray that God brings mission teams to help the **Freeda Harris Baptist Center** in **Elkhorn** work with local churches to teach people in their community about Jesus.



IS THE 2026 EBO THEME BASED ON EPHESIANS 4:15-16

DIRECTIONS: Look up Ephesians 4:16 and write it below

CHALLENGE: Can you memorize Ephesians 4:15-16? We'd love to see it! Get a grown up to post it to socials and Use #MissionKYkids .

DIRECTIONS: Color the picture

Can you find:
A **heart** (love),
A **plant** (growth),
A **Bible** (truth),
A **chain link** (working together)



DIRECTIONS: Fill in the blank with 1 way you can live "Fill the Gap" in telling Kentucky about Jesus this week. Use an arrow to point your action toward the word "Jesus"!

I WILL

FOR JESUS THIS WEEK!





BIBLE FOCUS:

Ephesians 4:15-16 (NIV) "Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work."

WHAT WE LEARN:

Just like a broken pot can be mended with gold to become even more beautiful, God mends us and brings us together as His church. Even though we are all different, we are joined by Jesus to grow and build each other up in love! Each one of us is an important part of God's amazing plan.

MATERIALS YOU'LL NEED:

- **Printed outline of a broken pot or vase:** (You can use one of the Kintsugi coloring pages we made, or draw a simple pot outline and add "cracks" to it.)
- **Different colored construction paper or tissue paper:** Cut into small squares or torn into small pieces (like the blue ones in your example photo). Use many different colors to show how unique each of us is!
- **Glue sticks or liquid glue**
- **Optional:** Gold glitter, gold paint, or yellow paper strips (to make the "gold mends")
- **Scissors** (if cutting paper)

LET'S BUILD OUR UNITY VESSEL!

1. **Prepare Your Pot:** Look at your printed pot outline. Imagine it's been broken, but now we're going to put it back together beautifully!
2. **Choose Your "Pieces":** Pick up different colored pieces of paper. Each color can represent a different person or a different special part of God's church (like friends, family, teachers, helpers). We are all unique, just like these different colors!
3. **Glue and Arrange:** Start gluing your colored paper pieces onto the "broken" sections of your pot outline. Try to fill in the spaces, imagining how each unique piece helps to make the pot whole again. You can overlap them a little, just like how people work together and support each other.
4. **Add the "Golden Mends" (Optional but Fun!):** Once your paper pieces are glued down, use gold glitter, gold paint, or yellow paper strips to draw or glue along the "cracks" or edges where your paper pieces meet. This is like the Kintsugi gold, showing how Jesus helps to join us together with His love, making us even more special and beautiful because of Him!
5. **Let it Dry:** Once you're done, let your beautiful Kintsugi Unity Vessel dry.

TALK ABOUT IT!

- How did all the different colored papers come together to make one beautiful pot?
- How is this like how different people in our church or family come together to make one strong group?
- What does it mean for each part to do its work? How do you do your part in your family or school?
- How does God's love (like our golden mends) help us to stay strong and grow together?

MY KINTSUGI UNITY VESSEL



NAME _____

MEET MS. BARBARA RAY

Pray for Ms. Barbara's physical health. She depends on God for the physical strength to carry out the ministry of Heavenly Harvest Farms.

Heavenly Harvest Farms is beginning their
6TH YEAR
of ministry.

8,501

coats have been
given away with
bibles in the
pockets!

5 TONS
of tomatoes were
given away in 2025!

The Lord uses
Ms. Barbara to
feed and clothe
those in need.