



Apostoli Viae Sojourner Cenacle

Saturday, January 10th, 2026 – 8:00AM to 9:00AM Central

Saturday after Epiphany

Feast of St. Paul – the First Hermit, St. Miltiades – Pope and Martyr

[8:00] Welcome and Opening Prayer:

Collect for the Mass of the Day (Ordinary Form)

Almighty and ever-living God, who through your Only Begotten Son have made us a new creation for yourself, grant, we pray, that by your grace we may be found in the likeness of him, in whom our nature is united to you. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Leader: Saints Teresa of Avila and John of the Cross

All: Pray for us.

Leader: Our Lady of Mount Carmel

All: Pray for us.

Heads Bowed: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

[8:00 – 8:05] Housekeeping/Miscellaneous Updates:

- ☐ Upcoming meeting schedule: January 24th, February 14th, February 28th
- ☐ We are using the Blog for general posts that can be viewed by all. We will continue to use either Disciples or Sojourners for posts that have some sensitivity and should only be viewed by the community. Please keep an eye on the blog and help with comments and respond to folks with the understanding that some may not be part of the community.
- ☐ Want to discern Discipleship for 2027?
<https://www.apostoliviae.org/resources/63017/you-want-to-be-an-av-disciple?groupid=3352>
- ☐ Winter/Spring Courses at the Avila Institute!
<https://www.apostoliviae.org/resources/96241/spring-courses-at-the-avila-institute-now-available?groupid=3352>

Apostoli Viae Liturgical and Activity Calendar:

January 15th – Novena to St. Joseph

January 23rd – Feast of the Holy Spouses-Consecration to St. Joseph

January 25th – Novena to Our Lady of Buen Suceso of the Purification

[8:05 – 8:10] Growth and Community Opportunities:::

- ❑ Make Room for Mystery: How to Enter More Deeply into the Prayer of the Mass
Webinar with Fr. Boniface Hicks and Chris Carstens January 21st 7pm Central time:
<https://spiritualdirection.com/mass-webinar>
- ❑ Icon Retreat with Master Iconographer, Veronica Royal January 18th – 24th at the Our Lady of Mount Carmel Retreat Center
<https://www.tickettailor.com/events/avilafoundation/1885081/r/events-page>
- ❑ Waitlisted! Divine Intimacy in Marriage Retreat February 13th – 15th, 2026 in Tucson, AZ: <https://www.tickettailor.com/events/avilafoundation/1714476>
- ❑ Four Day Silent Retreat for Women May 13th – 16th, 2026 at the Our Lady of Mount Carmel Retreat Center
<https://www.tickettailor.com/events/avilafoundation/1981529>
- ❑ Four Day Silent Retreat for Men June 3rd – 6th, 2026 at the Our Lady of Mount Carmel Retreat Center
<https://www.tickettailor.com/events/avilafoundation/1981530>
- ❑ Pilgrimage to the Holy Land with Dan & Stephanie June 24th – July 4th, 2026
<https://www.canterburypilgrimages.com/tour/5489/>

[8:10 – 8:55] Mystagogy/Formation: Encounter to Transformation:

(Galatians 5:6b, Romans 12:2)

❑ **Mystagogy:** Introduction to the Devout Life - Tan Books - You can use other versions but we are unable to provide page numbers for you. There is no assigned reading but we recommend you read from where we left off at the last meeting.

- **Metanoia:** – Yield - Encounter – Act – Cooperate – Fall – Rise – Encounter - Advance
- Those who encounter love and come to know love, live in a covenant of love in a way that is consistent with that love. (John 14)
- Those who hear but don't do, are self-deceived. (James 1:22)
- Whoever does not carry the cross and follow Jesus cannot be His disciple. (Luke 14:27)
- We can do all things through Christ who strengthens us. (Philippians 4:13)
- Those who hear and strive in His power, are not deceived, but are authentic disciples of Jesus and have an authentic living faith. (James 2: 14-17)

❑ **The Process:**

- Awareness of and openness to the inspirations of the Holy Spirit.
- Inspirations emerge that lead to conviction – reinforcement - encouragement.
- Engage with the inspirations in a meaningful or tangible way.

Opening Prayer:

- Pause for a moment of recollection before the Lord –

Our Intentions:

- *For the holy intentions of Pope Leo XIV:*
 - For his holiness and wisdom in his leadership
 - That he would put a stop to the persecution of faithful Catholics
 - That he would restore liturgical reverence and tradition
 - That he would restore doctrinal integrity and deal with those who deceive and confuse the Church and the world.

- *For all the needs and intentions of Apostoli Viae and the Contemplatives of St. Joseph, and those expressed in the Rick Hartley Chapel.*
- *For blessings on, a deep friendship, and collaboration with Archbishops Rivotuso and Cordileone.*
- *That Bishops would be inspired to submit names of holy and faithful priests for discernment to be future Bishops.*
- *For Cardinals, Bishops, Religious, Priests, Deacons and Lay leaders in the Church:*
 - *That those who are faithful would be encouraged, strengthened, protected, and their voices and prayers heard, and that they would have the courage to speak and act for the restoration of reverence and faithfulness in liturgy and doctrine.*
 - *That those in error and those who persecute the faithful will respond to the Holy Spirit's call to repentance.*
 - *That those who sow confusion, false doctrine, and division, but who will not repent, would be silenced, and made of no effect.*
 - *For the restoration of reverence and faithfulness in liturgy and that sacrilege and desecration of the Lord would end in the Holy Sacrifice of the Mass.*
- *That the Lord would bless efforts to begin Apostoli Viae young-adult ministry to help young Catholics grow more deeply in their faith.*
- *For the financial needs of Apostoli Viae, that our monthly income would meet our monthly expenses, and in thanksgiving for those who provide support to us, especially those who provide support for the Our Lady of Mount Carmel Retreat and Center for Spiritual Formation.*
- *For the continued growth and protection of our High Calling priestly formation efforts.*

Leader: Let us pray. In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Leader: Come Holy Spirit,

All: fill the hearts of your faithful, and kindle in them the fire of your love.

Leader: Send forth your Spirit and they shall be created,

All: and you shall renew the face of the earth.

Leader: O God, by the light of your Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ our Lord.

All: Amen.

Leader: Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

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Closing Prayer:

- Pause for a moment of recollection before the Lord -

****What has the Lord revealed? How will you respond?****

Leader: Let us pray.

All: Our Father...

Leader: We give you thanks for all thy benefits, Almighty God, who live and reign now and forever.

All: Amen.

Leader: Our Lady of Mount Carmel,

All: Pray for us.

Leader: Thank you for Your love and Your grace in allowing us this time of prayer and fellowship with You and one another.

All: Help us to live, light and lead others to and through the path of union with You. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Notes: